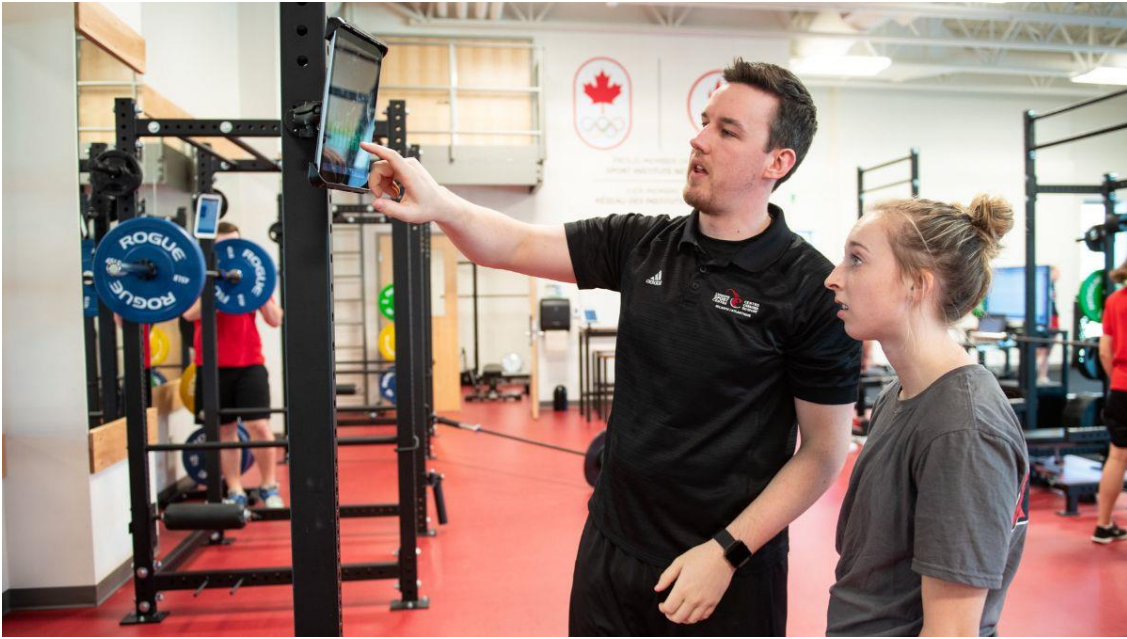


Upcoming FREE Coach Professional Development



Happy New Year Coaches!

We are excited for 2019 and providing sports leaders, you, support and growth opportunities throughout the year.

Did you know we started a YouTube channel, where you can watch our previous offerings online, for free? Subscribe below.

[CSCA YouTube channel](#)

When a session says 'live', it takes place at the Halifax Canada Games Centre, [26 Thomas Raddall Drive](#). When it says 'Streamed', you can view this

live session through our live video streaming by watching it at home. Pre-register and we send you the viewing link. Webinars are fully online and are a more interactive online option.

Registration and more events are listed at

www.coach.ca > Locker > Nova Scotia.

UPCOMING:

Thursday January 10, 2019 - 10AM AST (Live)

Leo Thornley, Endurance Training: a discussion of load and distribution

[REGISTER HERE](#)

Wednesday January 16, 2019 - 7PM AST (Live + Streamed)

Panel Discussion - NCAA vs. Canadian University Sport

[REGISTER HERE](#)

Wednesday February 6, 2019 - 9PM AST (Webinar)

Melissa Allen - The Sport Body: Body Image and Athletes

[REGISTER HERE](#)

Tuesday February 19, 2019 - 7PM AST (Live + Streamed)

Pat Cody - Pathway from Club to Junior World Team Coach

[REGISTER HERE](#)

Tuesday March 5, 2019 - 9PM AST (Webinar)

Ashley Duguay - Managing Conflict & Personalities in Sport

[REGISTER HERE](#)

Wednesday March 20, 2019 - 7PM AST (Live + Streamed)

Facilitated Coach Cafe - Common coaching issues and solutions

[REGISTER HERE](#)

Wednesday March 27, 2019 - 9PM AST (Webinar)

Speaker and Topic TBA

[REGISTER HERE](#)

Thursday - Saturday April 25-27, 2019

COACHING WITH AN EDGE: Atlantic Coaches Conference at Saint Mary's University,
Halifax, N.S.

****All sessions are FREE and provide CAC Maintenance of Certification points****