

CALLING CAMP COUNSELOR VOLUNTEERS!



Acadia University:

Catapult Camp August 10-19, 2026

- ✓ Develop your leadership skills
- ✓ Fun & energetic team
- ✓ Make a difference!
- ✓ Volunteer reference
- ✓ \$800 honourarium



INSPIRE. MENTOR. CONNECT

Catapult inspires underserved youth to discover and develop their emerging leadership potential. Catapult camp is a world-class summer leadership camp for teens entering grade 10 in Nova Scotia. Held at Acadia University, youth gain valuable leadership lessons and skills to further develop their confidence. We cultivate new leaders who will make a positive difference in communities across Nova Scotia. Join our team of passionate volunteers and be a part of a team that inspires the next generation!

WHAT DOES CATAPULT CAMP LOOK LIKE?

- 50 Campers
- Camp Director, Nurse, Youth Support Coach, Head Counselor
- 7 Counselors, 2 Junior Counselors or Counselors in Training
- Workshops in leadership, communication, teamwork, goal setting and more
- Engaging activities include High Ropes Course, Rock Night, Cook off, and more
- Empowerment sessions and breaking boundaries
- Staff stay overnight in residence with the youth – meals & accommodations paid for by Catapult

OUR COUNSELORS

- Counsellors are young adult volunteers pursuing post-secondary education who are eager to grow their leadership skills through hands-on experience.
- Responsible, reliable, empathetic role models for our campers
- Leaders who want to share their time and talents to inspire and empower young people
- 74% of our volunteer staff return

HOW YOU BENEFIT

- Be inspired to lead with purpose by engaging speakers and powerful stories
- Improved decision-making, problem solving and conflict management skills
- Lasting friendships with fellow staff

“It was a privilege to be a part of this life changing experience for these kids. The program was amazing and the speakers top notch. I learned as much about leadership and my own potential as our campers did.” – Claire, Camp Counselor



DISCOVER YOUR POTENTIAL

VOLUNTEER COUNSELOR RESPONSIBILITIES

As a volunteer staff member, your primary responsibility will be to look after the safety and general well-being of our campers during their time with us.

Expectations include:

Pre-arrival:

- Obtain a criminal reference & vulnerability sector check
- Read and understand Catapult’s Staff Manual
- Participate in staff pre-camp video modules and virtual round-table

At Camp:

- Actively participate during on-site training before camp begins
- Work cooperatively with the staff team to create a memorable experience
- Help with both set up and tear down of camp
- Get to know all campers and encourage timid campers to participate
- Participate in daily staff meetings
- Assist teaching resources as needed and actively participate in programming
- Monitor youth wakeups and curfews
- Provide general supervision and discipline
- Facilitate free time options
- Moderate daily Family Shares

CONTACT: Lori Coughlin at lori@catapultcamp.com or visit our website at www.catapultcamp.com