



RECREATION NOVA SCOTIA

BOARD APPLICATION FORM 2026/2027

Date of Application (Print)

September 23, 2026

Name

Jenna Gallant

Mailing Address:

89 Parkside Dr.

Province

Postal Code

City

Valley

NS

B6L 4A6

Email

Phone

jlgallant2468@gmail.com

(902) 305-3635

Please tell us about the relevant talents and abilities which you will bring to the Recreation Nova Scotia Board of Directors.

I would bring many skills derived from my past few years working in municipal recreation. I have worked at many levels of municipal recreation that have given me strong qualities of leadership whether it be through delivering community programs or guiding a team of employees through recreational settings. This sense of leadership has repetitively strengthened over my experiences through situations of problem solving, risk management, and communication. My experiences have also given me the ability to meet the needs of fellow Nova Scotians through recreational programming. I have learned first-hand how to adapt programs and services to create inclusive environments for all. It is also important to mention that although I have experience with inclusion programming, I believe that having the passion to develop these programs even further is significant to my abilities. I have created unique programs to expand the municipal opportunities for those who may not always have the chance to engage in daily physical activity.



Additionally, being a kinesiology student provides me with the abilities to deliver meaningful program to the young adults and youth of Nova Scotia who have recreational interests that are continuously evolving day to day. I believe that I have the talent to provide a voice for this population and expand on their opportunities to be physically active in their own communities. My time in a Kinesiology undergraduate program has also given me meaningful perspectives on what it means to have recreational opportunities and how strongly it can impact the social, mental and physical well-being of everyone.

These attributes listed above do not only prove that I have a broad understanding of how recreation impacts Nova Scotians, but it demonstrates the enthusiasm that I will provide to enhance the Student Director position for the Recreation Nova Scotia Board of Directors.

What do you personally hope to achieve by volunteering on the Board?

If granted the time to work alongside recreation professionals on the Recreation Nova Scotia Board of Directors, I would hope to achieve many outcomes. Primarily, I would hope to enhance the lives of the youth population in Nova Scotia when it comes to recreation. I believe with the vastly changing society we live in, there are diverse needs that need to be met for this population specifically. My hope with this position would be to combine the valuable insights of recreational professionals with my experiential knowledge to increase the engagement that students have with recreation. More so, I hope to gain more experience within the accessible scope of recreation in the province. I think it's important to always be learning new skills in this area that can be used to address accessibility needs in the municipal recreation programs.

Overall, I hope that this position would help me expand my ideologies on recreation in Nova Scotia. An opportunity to be a voice for my population, while also being able to work alongside experienced professionals would not be an opportunity that I would take for granted. I believe this opportunity to be Student Director for the Recreation Nova Scotia Board of Directors would help me achieve my main goal of making recreation enjoyable for all no matter their age, accessibility, identity, or financial barriers.



Are you willing to travel within Nova Scotia to Board meetings up to 4 to 5 times per year? Meetings are typically full days (10am-3pm) in length with 1-2 overnights required. (all expenses are paid):	☒ Yes ☐ No
Do you have a criminal record involving theft, fraud, abuse or harassment, for which no pardon has been granted?	☐ Yes ☒ No
Under the laws of Canada and its provinces are you legally competent to conduct business and enter into contracts?	☒ Yes ☐ No
Will you participate in the RNS Board screening process and orientation before serving on the Board?	☒ Yes ☐ No
Do you consent to the disclosure of the information provided for the purpose of putting forward your candidacy?	☒ Yes ☐ No
Are you a current member of Recreation Nova Scotia?	☐ Yes ☒ No

Available Board Positions:

- | | |
|--|--------------------------------|
| 1. Recording Officer (1 year)* - <i>Current Director Re-Offering</i> | 4. Director at Large (1 year) |
| 2. Vice-President of Monitoring (2 year) | 5. Director at Large (1 year) |
| 3. Student Director (1 year) | 6. Director at Large (2 years) |

*proposed by-law change at 2026 AGM to change this position to Director at Large (2 years)



Please indicate which positions you are applying for

Student Director

Application Signature

Emma Gallant

Date

September 22, 2026

Please return...

- ☒ This application form
- ☒ "Call for Nomination" form
- ☒ Your resume/curriculum vitae
- ☒ One reference letter

Return the nomination form by September 23, 2026, to:

Recreation Nova Scotia

Attention: Nominations Committee Chair

Email: gmounsey@recreationns.ns.ca



Recreation Nova Scotia Call for Nominations 2026/2027

Members of Recreation Nova Scotia (RNS) are encouraged to submit nominations for directors & officers to the attention of the *Chairperson of the Nominations Committee* by Wednesday 23rd September. The proposed slate is circulated to members 14 days before the RNS Annual General Meeting (AGM) via email. Nominations will be accepted from the floor during the AGM taking place on October 14, 2026 at the Best Western – Glengarry, Truro.

We, the undersigned, wish to nominate (print)

Jenna Gallant

for the Position of:

Student Director

Nominee Contact Information:

Mailing Address:

89 Parkside Dr.

City

Province

Postal Code

Valley NS B6L 4A6

Email

Phone

jlgallant2468@gmail.com 902-305-3635



Please provide a brief biographical sketch of the nominee, which illustrates the relevant talents, skills, and abilities that the individual will bring to the position for which they are nominated.

[Handwritten signature]

Signature of Member

Jordan Hebb

Signature of Member

Print Name

Laur Jacobs

Print Name

Jordan Hebb

Phone

902-599-0293

Phone

902-298-0177

Email

ljacobs@kentville.ca

Email

JordanHebb3@gmail.com

Nominee Acceptance Form

- ☒ I accept this nomination and agree to stand as a candidate for election to the RNS Board of Directors for the position specified in the RNS By-Laws.
- ☒ I agree to the terms of the By-Laws, which state that RNS Board members must be members of RNS in good standing.



Signature of Nominee:

Anna Zallat

Nomination Process

1. Application to be sent for review to the RNS Nominations Committee by **Wednesday 23 September, 2026.**
2. An application must include four components:
 - ☒ The Board Application Form (available on the website)
 - ☒ The Call for Nomination Form (this document)
 - ☒ At least one Reference Letter supporting the candidate's application and
 - ☒ A Resume/Curriculum Vitae.
3. The Nomination Committee will review applications, check membership status, screen and interview nominees and make recommendations.
4. Additionally, the usual process of nominations from the floor of the Annual General Meeting will be followed. The AGM will take place on **October 14, 2026, at the Best Western – Glengarry, Truro.**
5. If there is more than one nominee, each candidate will be given up to two minutes to address the membership if desired. If a nominee is not present, another member can read the prepared speech of the absent nominee.
6. The President-Elect nominee(s) will be given up to three minutes to address the membership.
7. In case of nominations from the floor, if elected, the candidate must pass the RNS Board Screening policy before assuming office.

Available Board Positions:

- | | |
|--|---|
| 1. Recording Officer (1 year)* - <i>Current Director Re-Offering</i> | 4. Director at Large (1 year) |
| 2. Vice-President of Monitoring (2 year) | 5. Director at Large (1 year) |
| Director (1 year) | 6. Director at Large (2 years) 3. Student |

Note: The Recreation Nova Scotia website contains detailed [role descriptions](#).

Return the nomination form by September 23, 2026, to:

Recreation Nova Scotia

Attention: Nominations Committee Chair

Email: gmounsey@recreationns.ns.ca

To the Recreation Nova Scotia Board of Directors:

I am pleased to provide my strong recommendation for Jenna Gallant in her application for the position of Student Director on the Recreation Nova Scotia Board of Directors.

Jenna has worked in municipal recreation for the past two summers, and during that time she has demonstrated a genuine passion for the role recreation plays in creating healthy, connected, and engaged communities.

As a Kinesiology student at Acadia University, Jenna brings a valuable perspective to the recreation field. Her academic background provides her with a strong understanding of active living, physical activity, health, and wellness, and she understands the important relationship between recreation and overall quality of life. This perspective is particularly valuable within municipal community development, where the health and wellness lens can sometimes be overlooked in broader community planning and development conversations.

What has stood out to me most about Jenna is her curiosity and willingness to learn. Through her municipal recreation experience, she has demonstrated an interest in understanding not only *what* we do, but *why* we do it and what impact it has on residents and communities. She recognizes that recreation can be a powerful tool for addressing broader community priorities, including social connection, accessibility, inclusion, youth engagement, and healthy active living.

I believe Jenna would bring a thoughtful and enthusiastic student voice to the Recreation Nova Scotia Board. She would also benefit greatly from the opportunity to learn alongside recreation professionals from across the province, while contributing the perspective of an emerging professional entering the field. Her combination of practical municipal experience, kinesiology education, and genuine interest in the impact of recreation makes her well suited to this leadership opportunity.

I am confident that Jenna would approach the role with professionalism, enthusiasm, and a willingness to contribute. I strongly support her application and believe she would be an excellent addition to the Recreation Nova Scotia Board as a Student Director.

Sincerely,

Laura Jacobs
Manager, Recreation Services
Town of Kentville
President-Elect, Recreation Nova Scotia

JENNA GALLANT

| (902) 305-3635 | jlgallant2468@gmail.com | 89 Parkside Dr. Valley, Nova Scotia B6L 4A6 |

EXPERIENCE

Aquatics Director | Town of Kentville | May 2025 – August 2026 |

- Managed the operations of a community outdoor pool, while leading a team of aquatic staff dedicated to creating a safe and welcoming environment.
- Oversaw multiple programs and ensures that the aquatic facility met all safety and operational standards.

Server | St. Louis Bar & Grill | May 2025 – August 2026 |

- Ensured exceptional quality of service in a fast-paced environment, including greeting guests, taking orders, and processing payments.

Summer Program Coordinator | Boys and Girls Club Truro & Colchester | May 2024 – August 2024

- Organized and coordinated various activities for campers, such as field trips and outdoor recreation.
- Monitored camper behaviour to ensure safety and compliance with program rules.

Camp Counsellor/ Swim Instructor | Scotia Pool | June 2023 – August 2023

- Communicated regularly with parents regarding their child's progress at camp and in swimming lessons.
- Encouraged camper participation in recreational activities through an enthusiastic leadership style.

Stock Clerk | Canadian Tire | September 2022 – June 2023

- Stocked shelves, racks, and bins with new or transferred merchandise
- Maintained cleanliness of storage areas by sweeping floors, dusting shelves, and removing trash daily.

Bakery Stock Clerk/ Food Preparation | Atlantic Superstore | September 2021 – July 2022

- Maintained a clean and organized bakery area, complying with health and safety regulations.
- Used bread-slicers and other bakery equipment to handle high-volume operations and needs.

Cashier/Stock Clerk | BulkBarn | September 2020 – September 2021

- Completed daily recovery tasks to keep areas clean and neat for maximum productivity.
- Managed multiple tasks simultaneously while maintaining a high level of accuracy.

EDUCATION

Bachelor of Kinesiology | Acadia University

Currently 4th year Kinesiology Student at Acadia University

- Current GPA: 4.0
- Dean's List 2023-2024, 2024-2025, 2025-2026
- Extra-Curriculars: Acadia Varsity Women's Rugby Team, S.M.I.L.E. (Sensory Motor Instructional Leadership Experience), Kinderskills, Hearts that Hope Foundation.
- Teaching Assistant for Core Curriculum Kinesiology Courses

High School Diploma | Cobequid Educational Center

- Valedictorian of Graduating Class (2023)
- Late French Immersion Program
- Extra-Curriculars: Student Council, Shared Reading, Yearbook Committee, Colchester Youth United Way Committee, Girls Rugby Team Captain.

ACHIEVEMENTS

Academic All Canadian 2023-2024, 2024-2025, 2025-2026 | University Sport

- Recognizes student-athletes who achieve an academic standing of 80% or better while playing on one of their university's varsity teams.

Recipient of Christine Bernard Award 2022-2023 | Cobequid Educational Center

- An athletic award presented to a graduating student-athlete who demonstrated high academic achievement, strong character, good citizenship, important athletic contributions, sportsmanship, leadership, and a positive attitude.

LANGUAGES

- English
- French

CERTIFICATIONS

- First-Aid and CPR-C | Issued May 21, 2026 | Expires May 20, 2029|

REFERENCES

Laura Jacobs | Manager of Recreation, Town of Kentville |

Phone: (902) 599-0293

Email: ljacobs@kentville.ca

Amanda Mcnea | Director of Boys and Girls Club Truro & Colchester |

Phone: 1 (902) 890-8137

Email: amcnea.bgctc@gmail.com

Meghan MacEachern | Rugby Coach |

Phone: 1 (902) 957-0033

Email: Saintsjuniordevelopment@gmail.com