



RECREATION NOVA SCOTIA

BOARD APPLICATION FORM 2026/2027

Date of Application: 23rd September 2026

Name: Samantha Harper

Position: Student Director (1-year)

Please tell us about the relevant talents and abilities which you will bring to the Recreation Nova Scotia Board of Directors.

Some relevant skills and abilities I can bring to the RNS Board are, I can communicate professionally, am always open for conversations, I've worked with many different charities and clubs over the years including my local Rotary Club as a senior member, Big Brothers Big Sisters as a group volunteer, Planet Youth as my club's secretary, and my Highschool's Leadership Club. I always want to be involved and active in my community as well as advocating for groups I am passionate about. For the RNS Board I can bring valuable insights from and about my fellow students as well as my own experiences.

What do you personally hope to achieve by volunteering on the Board?

Personally I hope to achieve a better understanding about my future career and those who work in the field, as well as gain connections in the therapeutic rec profession. I would love to meet new people and network with professionals, especially those on the RNS Board. Learning different techniques and approaches towards situations that I might not be able to learn just in school is one of my main goals that I hope to achieve if I am chosen for this position. Thank you for your consideration.



Recreation Nova Scotia Call for Nominations 2026/2027

Members of Recreation Nova Scotia (RNS) are encouraged to submit nominations for directors & officers to the attention of the *Chairperson of the Nominations Committee* by Wednesday 23rd September. The proposed slate is circulated to members 14 days before the RNS Annual General Meeting (AGM) via email. Nominations will be accepted from the floor during the AGM taking place on October 14, 2026 at the Best Western – Glengarry, Truro.

We, the undersigned, wish to nominate (print)

Samantha Harper

for the Position of:

Student director

Nominee Contact Information:

1 (506) 324-1705 or samantha.meadow99@gmail.com

Mailing Address:

93 Hopkins rd

City

Province

Postal Code

Jacksonville

New Brunswick

E7M3J5

Email

Phone

Samantha.meadow99@gmail.ca

1 (506) 324-1705



Please provide a brief biographical sketch of the nominee, which illustrates the relevant talents, skills, and abilities that the individual will bring to the position for which they are nominated.

Samantha Harper is a dedicated and community minded student with a strong passion for helping others. She has received two community service awards from the Rotary Interact club and has been involved with and has volunteered with Student Leadership, Big Brothers Big Sisters and the Planet Youth Club of Woodstock. She has also completed the CIT program at Camp Rotary, supporting individuals with special needs. As a lifeguard Samantha has experience with teaching and first aid. She also holds her workplace first aid and CPR-C. She recently joined the Dalhousie Recreation Association, continuing her involvement in recreation and student life. She also has experience Working with licensed professionals In the field from her Co-op at Capture therapeutics N.B. Although only in her first year of Therapeutic Recreation at Dalhousie these experiences have helped develop strong communication skills, leadership, teamwork and problem solving skills that she would bring to the Student Director position on the RNS Board.

Signature of Member

Signature of Member

Print Name

Luc Cousineau

Print Name

Phone

902-431-9533

Phone

Email

Luc.Cousineau@dal.ca

Email

Nominee Acceptance Form

☒ I accept this nomination and agree to stand as a candidate for election to the RNS Board of Directors for the position specified in the RNS By-Laws.

☒ I agree to the terms of the By-Laws, which state that RNS Board members must be members of RNS in good standing.



Signature of Nominee:

Samantha Harper

Nomination Process

1. Application to be sent for review to the RNS Nominations Committee by **Wednesday 23 September, 2026.**
2. An application must include four components:
 - ☐ The Board Application Form (available on the website)
 - ☐ The Call for Nomination Form (this document)
 - ☐ At least one Reference Letter supporting the candidate's application and
 - ☐ A Resume/Curriculum Vitae.
3. The Nomination Committee will review applications, check membership status, screen and interview nominees and make recommendations.
4. Additionally, the usual process of nominations from the floor of the Annual General Meeting will be followed. The AGM will take place on **October 14, 2026, at the Best Western – Glengarry, Truro.**
5. If there is more than one nominee, each candidate will be given up to two minutes to address the membership if desired. If a nominee is not present, another member can read the prepared speech of the absent nominee.
6. The President-Elect nominee(s) will be given up to three minutes to address the membership.
7. In case of nominations from the floor, if elected, the candidate must pass the RNS Board Screening policy before assuming office.

Available Board Positions:

- | | |
|--|--------------------------------|
| 1. Recording Officer (1 year)* - <i>Current Director Re-Offering</i> | 4. Director at Large (1 year) |
| 2. Vice-President of Monitoring (2 year) | 5. Director at Large (1 year) |
| 3. Student Director (1 year) | 6. Director at Large (2 years) |

Note: The Recreation Nova Scotia website contains detailed [role descriptions](#).

Return the nomination form by September 23, 2026, to:

Recreation Nova Scotia
Attention: Nominations Committee Chair
Email: gmounsey@recreationns.ns.ca

SAMANTHA HARPER

Woodstock, NB
Halifax, NS
506.324.1705
samantha.meadow99@gmail.com

EXPERIENCE

Lifeguard | AYR Motor Centre, Woodstock NB

January 2024- June 2026

Shift Lead Lifeguard ensuring the safety of swimmers while monitoring pool activities and responding to emergencies as required. Taught swimming lessons to children and adults. Maintained a clean and safe pool environment while demonstrating strong communication, responsibility and teamwork.

Co-op Student | Capture Therapeutics, Woodstock NB

February 2026 – June 2026

Assisted physiotherapists with daily clinic operations and helped prepare treatment areas and equipment. Assisted with maintaining a clean and organized work area and assisted with administrative tasks. Developed strong communication, teamwork, organization and customer service skills while gaining experience in a healthcare setting

Customer Service Representative | Greco Pizza, Woodstock NB

January 2022 – September 2024

Provide customer service by taking orders, processing payments, handling phone, online and in-person inquiries. Assisted in food preparation, order accuracy and cleanliness.

EDUCATION

Bachelor of Science - Therapeutic Recreation | Dalhousie University

September 2026 –

1st year student of Dalhousie University's Therapeutic Recreation Program.

High School Diploma | Woodstock High School, Woodstock NB

2022-2026

Honour Student in French Immersion. Recipient of Interact Community Service Awards, Dalhousie Entrance Scholarship and Rotary Scholarship.

SKILLS & CERTIFICATIONS

- Bilingual
- WHMIS Certified
- Nationals Lifeguard
- NB Lifesaving Society Certified Swim Instructor
- NB Lifesaving Society Certified Lifesaving Instruct Workplace
- First Aid – CPR-C
- Workplace Safety Training & Certification
- Ammonia Emergency Training Certification
- Camp Rotary Counselor in Training Program

ACTIVITIES

I am an active and involved volunteer with various school clubs including Student Leadership, Planet Youth, and Interact Club. I have also volunteered with various community organizations including Big Brothers Big Sisters, Door Yard Arts Festival, Town of Woodstock and Rotary Club of Woodstock. I was a member of the Woodstock High School Swim Team and am a swim instructor and lifesaving instructor for the Town of Woodstock with National Certification.



Scholarship Committee
TD Community Leadership Scholarship

Re: Recommendation for Samantha Harper

Dear Members of the Scholarship Committee,

It is my privilege to recommend Samantha Harper for the TD Community Leadership Scholarship. As Executive Director of Big Brothers Big Sisters of Carleton-York (BBBS C-Y), I have seen Samantha's leadership and dedication to community service in action.

Since November 2024, Samantha has been a valued volunteer at our agency. She has consistently stepped forward to support our monthly "Big Bunch" events, helping to lead games, welcome children, and ensure every young person feels comfortable and safe, whether at indoor gatherings or larger outdoor activities open to the public. Her leadership shines in the way she naturally engages youth, creates inclusive spaces, and supports our staff and volunteers with enthusiasm and reliability.

Samantha embodies the scholarship's spirit of meaningful community impact. She is not only dependable, but also proactive, seeing what needs to be done and stepping up to do it. She leads with kindness, empathy, and positivity, qualities that inspire those around her and directly improve the experiences of the children we serve.

Her commitment to service is not short-term or surface-level; Samantha has shown sustained dedication, returning month after month with the same energy and care. She has proven herself to be a young leader who truly makes a difference, and I believe she will continue to bring these qualities to her future education and community contributions.

I strongly support her application and believe she is an exceptional candidate for this award. Thank you for considering her. Please don't hesitate to contact me if I can provide further information.

Sincerely,
Esther Vaswani, Executive Director
Big Brothers Big Sisters of Carleton-York
108 Richmond St. Woodstock NB E7M 2N9
506-328-2094 (office)
506-230-6160 (cell)