



SchoolsPlus/Rec Collab

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Hopes

- 1) Overview of SchoolsPlus and Integrated Service Delivery
- 2) Shared Strategy for Recreation in Nova Scotia
- 3) Areas of alignment and opportunities
- 4) Grants
- 5) Success stories

You
Belong
Here

What is SchoolsPlus?

-a collaborative interagency approach to supporting the whole child and family.

-SchoolsPlus is predicated on the “belief that all families benefit from some level of support” (Our Kids Are Worth It, 2007:17) and that we need to coordinate activities and resources “so efforts and dollars are not duplicated or wasted” (Our Kids Are Worth It, 2007:19).

Vision: schools become the hub of the community, and a convenient place for services to be delivered to families.

[SchoolsPlus Theme 3: Integrated Service Delivery Models - YouTube](#)

What are we working towards with SchoolsPlus?

Expanding SchoolsPlus is part of Nova Scotia's Action Plan for Education. We are working towards increased family and youth engagement and actively planning for success.

Working with partners, SchoolsPlus offers and promotes an array of programs and services at school sites, which may include:

- outreach, mentoring programs
- homework clubs, employment support
- health services (mental health clinician, youth health coordinator, pediatrician)
- community policing
- breakfast programs, nutritional classes, community gardens
- early years centres
- youth groups (e.g., art, culture, GSA)
- parenting support (e.g., classes, social groups)
- recreational programming (after school, March break, summer)





Shared Strategy for Advancing Recreation in Nova Scotia

Vision

Everyone engaged in recreation experiences that foster:

- individual wellbeing
- community wellbeing
- the wellbeing of places and spaces in built and natural environments.

Values & Operating Principles

- 1 inclusion and equity
- 2 public good
- 3 sustainability
- 4 lifelong participation
- 5 outcome-driven
- 6 quality and relevance
- 7 evidence-based
- 8 partnership & collaboration

Goal 1: Active living

Foster active living through physical recreation.

Goal 2: Inclusion and access

Increase inclusion and access to recreation for populations that face constraints to participation.

Goal 3: Connecting people and nature

Help people connect to nature through recreation.

Goal 4: Supportive environments

Ensure the provision of supportive physical and social environments that encourage participation in recreation and help to build strong, caring communities.

Goal 5: Recreation capacity

Ensure the continued growth and sustainability of the recreation field.

Opportunities?



Community Schools in MOC

- Guided by a joint-use agreement between MOC and SSRCE
- Managed by Municipal staff (Recreation & Parks) including:
 - Scheduling (school activities, programming and rentals)
 - Cleaning
 - Staffing
 - Resourcing



- Joint Use Committees in place made up of school admin, RCE Director, custodian, PE Teacher and Rec & Parks staff
- Affordable and local
- Promoted through “Explore Life”. Seen as respite and opportunity for local families
- Secondary role of connecting school staff and students with local community



- *Community Recreation Capital Grant
- *Recreation Community Development Grant
- *Active Communities Fund
- *Municipal funds
- *UPLIFT & SAC (funding for students)
- *Schools Plus funding



Partnerships and a bit of cash



Summer Programing

S.P. Camps

**Equipment Loan
target audience**

**Partnership
Program Examples**

- Open Air
Society**
- Budding
Explorers**
- Roller Derby**

Interagency



**Lighthouse
Foodbank @ Forest
Heights**



**PROkids
more than sport**

The Open Air Society (OAS) is an after school outdoor education and adventure program for students at Forest Heights Community School. The program runs...

The OAS strives to offer experiences for young people to connect with the natural world. Activities will include such things as hiking on and off trail, exploring new forested areas and waterways (always on Crown lands or with land-owner permission), camping, fire-making (including the use of knives), outdoor cooking, camp crafts, and trying new outdoor based recreational activities (like archery, fishing, canoeing, geocaching etc.) Due to the nature of the activities which the OAS undertakes, participants may be exposed to a number of inherent risks. These risks may include (but are not limited to) injury from falls, getting lost, hypothermia, cuts and scrapes, eye injury, burns, getting wet, insect stings and bites, and emotional stress. Occasionally, we will travel to off-site locations within the Municipality through the use of the Community Wheels bus service, or we may ask participants to meet at off-site locations as opposed to the regular meeting area at FHCS.

The purpose of this document is to make sure that you as an OAS participant, or the Guardian of an OAS participant understands and accepts these risks as a result of participation in the OAS. OAS leaders are trained and experienced in first aid, wilderness travel, wilderness survival, outdoor skills, and risk management in the outdoors. When appropriate, participants will be provided with equipment needed to stay safe and comfortable and, as time goes on, will also develop skills in the outdoors needed to do the same. Leaders will carry equipment needed to deal with group emergencies at all times.

Rest assured – the Open Air Society is fun. Again, the intent of the program is to foster an appreciation of nature through exploration and discovery, and to learn about what we discover while developing skills to do it all safely. If you have any questions...



Community School Benefits

**Curriculum &
Community**

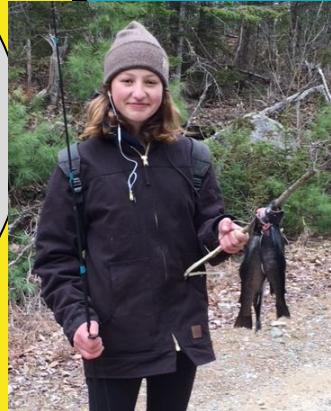


**D.O.9
02**

**PE & Active
Living**



**Student
Council as
standing
subcommittee
of Municipal
Council**



**Environment
Club**

**“IGNITE”
With OHC**



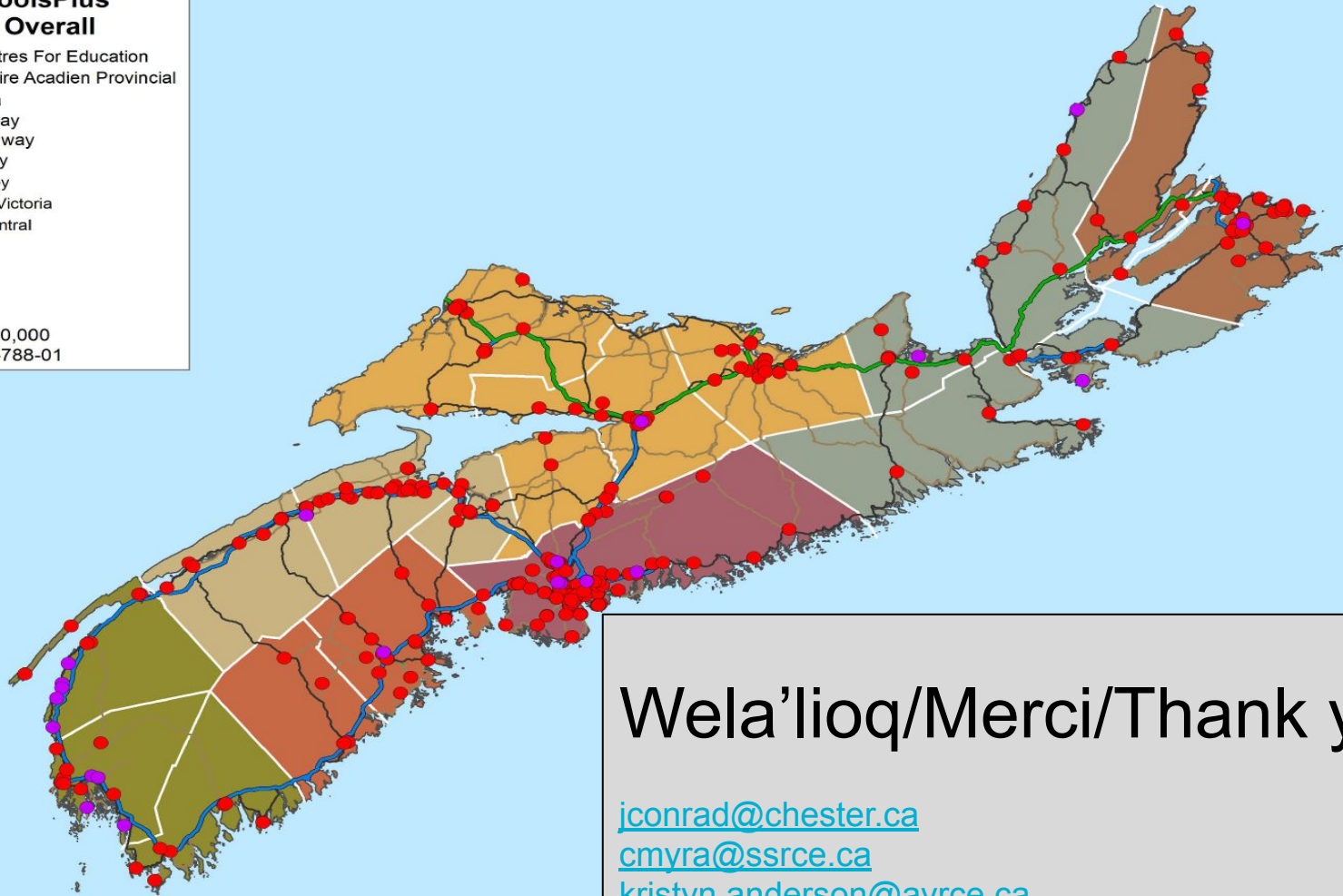
Collaborations Big or Small

- **Organize into Regions**
- **Share your Org. Mission & 1 or 2 specific projects**
- **Are there connections to make or opportunities to support each other's work in any way? No pressure...**

NS SchoolsPlus Sites - Overall

- Regional Centres For Education
- Conseil Scolaire Acadien Provincial
- Trans Canada
- Arterial Highway
- Collector Highway
- Trunk Highway
- Annapolis Valley
- Cape Breton - Victoria
- Chignecto - Central
- Halifax
- South Shore
- Strait
- Tri - County

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Wela'liq/Merci/Thank you

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